



18th February 2024

Jesus came to Galilee proclaiming the gospel of God:  
"This is the time of fulfillment.  
The kingdom of God is at hand.  
Repent, and believe in the gospel."

Mark 1:14-15

### WELCOME FR JOHN KING BHARATH

We welcome Fr John King Bharath to our parish. He is assisting our parish until Fr Cary Chan arrives.



### WELCOME BR NICHOLAS LIM



We also welcome seminarian Nicholas Lim attached to our parish for a year of regency, to experience Parish life and to discern his priestly vocation.

### STATIONS OF THE CROSS

Fridays: 23 February,  
1, 8, 15 and 22 March 2024

Mass 7pm

Stations of the Cross 7.30pm

\*No 6pm Mass\*



### INFANT BAPTISM

Sunday, 3 March 2024 • 12.45pm

Closing date for registration:  
**Sunday, 18th February 2024**

Compulsory preparatory session  
for parents and God-parents:

**Saturday, 24 February at 1pm**

Venue: St Michael's Room



### CHARISMATIC RENEWAL MOVEMENT

COME join us every **Tuesday, 8pm @ All Saints Hall** for an evening of PRAISE & WORSHIP to GIVE GLORY TO GOD and hear more of God's word! **\*All are welcome!\***



#### The Season of Lent (Part 1)

20 Feb: "Learning from the 3 Temptations of Jesus Christ" by Fr Valerian Cheong

27 Feb: "How can I pray & fast more consciously during Lent" by Gerard Francisco

5 Mar: "Lent: A time of Penance & Redemption" by Fr Andrew Lin

### LENTEN REFLECTION WALK 2024 "MISSIONARY DISCIPLE - THE CALL"

From Church of the Holy Cross to Blessed Sacrament Church (7km)

We make a pilgrim walk to reflect and pray about our relationships with God, with others and our call as missionary disciples of Jesus Christ.



You may:

- 1) join the parish community walk on Saturday, 16 March, starting between 7am and 8.30am; or
- 2) arrange your own schedule during Lent.

Pre-event briefing on Thursday, 14 Mar @8pm via Zoom. Link will be posted to participants via email.

**New:** A handheld cross will be issued to participants (while stocks last), Children's corner with video clips, handicraft activities and balloon sculpture (9.00am to 10.30am).

For better programme planning, including spiritual reflection materials, gifts and refreshments, etc; we encourage all participants to register for the walk. Closing date: 4 Mar 2024.



Please scan the QR code or click [tinyurl.com/lentwalk2024](https://tinyurl.com/lentwalk2024).

### HOLY WEEK RETREAT - STAY IN & SILENT RETREAT

28 to 30 Mar 2024 @LaSalle House

Beginning on Maundy Thursday morning, we remember the gift of Jesus Christ who calls us into friendship with Him and we witness His great love for us in this total act of self-giving.

Run by the Cenacle Sisters and team. Register via QR code.



### MASS SCHEDULE

**Weekdays:** Lauds - 6.15am & Mass - 6.30am

Lunchtime Mass - 12.15pm

Evening Mass & Vespers - 6pm. Saturday: 7.30am

**Saturday Sunset** Mass - 4.10pm & 6pm (Mandarin)

**Sunday** - 7.30am, 9.30am, 11.30am & 5pm

Public Holidays - 7.30am & 9am

### OTHERS

Adoration Room - Daily till 10pm

Holy Hour - Every 1st Friday at 8pm

Novena Devotion - Every Saturday at 3.30pm

LENT

FIRST SUNDAY OF





18th February 2024

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"This is the time of fulfillment.  
The kingdom of God is at hand.  
Repent, and believe in the gospel."*

Mark 1:14-15

## HOLY CROSS LENTEN RETREAT

**Theme: Power of Word of God &  
Holy Eucharist**

Led by Fr Mathew Naickomparambil,  
Founder of Divine Retreat Centre, Potta



8 March Friday	7pm – 9.30pm Mass & Stations of the Cross included.	Free Admission.
9 March Saturday	9am – 3pm	Registration Fee: \$40.15. Closing Date: 25 Feb 2024
10 March Sunday	1.45pm – 9.15pm Mass included.	

Registration is still open,  
we apologise to those who  
encountered technical issues  
and thank you for your patience.



Registration Link:  
[tinyurl.com/chclentretreat2024](https://tinyurl.com/chclentretreat2024)

## FAITH ENRICHMENT

You are invited to attend the  
sessions to enrich your faith.  
Pre-registration NOT required.

**\*All are welcome!\***



**RCIA (Thursday), 7:45 pm, All Saints Hall**

22 Feb: Small Christian Communities  
29 Feb: The Creed  
07 Mar: The Last Things

## GIFT CONTRIBUTIONS

This being the third weekend of  
the month, there will be a second  
collection for GIFT (Giving in Faith  
and Thankfulness) programme.



Visit [catholicfoundation.sg](https://catholicfoundation.sg) to contribute online  
or find out more. Thank you for your generosity.

## LENTEN REFLECTION BOOKLET 2024

The Office for the New Evan-  
gelisation (ONE) has released  
their annual Lenten Reflection  
Booklet. The theme is "Giving  
Witness to the Word".

You are invited to reflect  
deeply on the Word, and  
embark on this Lenten  
journey today! Scan the QR  
code or use the link:  
[one.org.sg](https://one.org.sg) to download the  
Lenten Reflection Booklet.  
Available in English, Mandarin and Tamil.



## PIETA SINGAPORE

PIETA is a support group for  
bereaved parents who have united  
in faith to seek God's comfort,  
wisdom and hope. We invite any  
parent who has lost a child  
(regardless of age and no matter  
how recent or long ago) to unite with us in  
faith.



Our next monthly session will be face-to-face  
from 7.30pm to 9.15pm on Tuesday, 27 Feb.  
Venue: Catholic Archdiocesan Education Ctr,  
2 Highland Road, unit LG-01, S549102 (next to  
Church of Immaculate Heart of Mary).

If you wish to join us, please email us for  
directions at [pieta.singapore@gmail.com](mailto:pieta.singapore@gmail.com).  
Visit [PietaSingapore.org](https://PietaSingapore.org) for info.

## PRO-BONO COUNSELLING BY CATHOLIC FAMILY LIFE

Pro-bono counselling is available  
to anyone who requires support.  
To book your session, visit:  
[pbc.familylife.sg](https://pbc.familylife.sg).



For more info, pls call 6631 8963 (Mon – Fri).

LENTEN

FIRST  
SUNDAY OF



Website: [www.holycross.org.sg](https://www.holycross.org.sg)  
Corporate PayNow: UEN #T08CC4054D  
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Funeral Arrangements -	Kenny Yeo	9788 4433



“时期已满，天主的国临近了，你们悔改，信从福音吧！”

(谷 1:15)



## 四旬期第一主日

### 2024年2月18日

【福音与我】（谷 1:12-15）

#### 天主的国临近了

福音章节记述的是耶稣受魔鬼诱惑的事迹。马尔谷福音里并没有提及耶稣受诱惑的内容。这四十天象征以色列子民在旷野中流浪四十年并接受试探。

福音作者提到若翰洗者被监禁以后，主耶稣开始到加里肋亚宣讲天国的福音。这意味着一个新时期、新境界的来临，一个彻底改变的召唤，和一个对信仰投身的邀请。天主的时期已经来临了。（摘自林恒神父弥撒讲道）

#### 丰富信仰知识

慕道团欢迎教友们在每周的慕道课期间来旁听，以丰富您的信仰知识。无需预先登记。



每周二，7.45 - 9.30pm,  
St. Michael 讲堂

- 2月20日 讲题：圣母、圣人与圣名
- 2月27日 讲题：信经
- 3月05日 讲题：天主经
- 3月12日 讲题：作门徒/信仰小团体

询问：黄慧娜 9159 8100, 李玉华 8113 6087

#### 慕道团礼仪活动

+ 全国慕道团甄选礼将于2月25日（四旬期第二主日）下午2pm在圣若瑟堂（武吉知马）举行。主礼：张思谦蒙席。

+ 考核礼一：3月2日（周六）于本堂6pm华语弥撒中举行。

+ 考核礼二：3月9日（周六）于本堂6pm华语弥撒中举行。

请为所有慕道者祈祷，求主坚固他们的信德，帮助他们善作准备，领受重生的洗礼+

#### 教委2024四旬期宣道会

主题：如何在克制、服侍、遵行、宽恕和补赎中，为圣言作见证？



每逢星期三晚上，  
7.45pm - 9.45pm

形式：拜苦路、弥撒及宣道

日期	主题	主祭	地点
2月21日	克制	萧永伦神父	圣雅丰索堂
2月28日	服侍	林子毅神父	圣雅丰索堂
3月06日	遵行	黄财龙神父	圣雅丰索堂
3月13日	宽恕	陈一强神父	圣伯纳德堂
3月20日	补赎	陈宾山神父	圣伯纳德堂

诚邀教友或还未信主的朋友参与。  
让我们在四旬期间，准备圣洁的心灵，  
更新生活，为圣言作证。

#### 教宗方济各2024年四旬期文告：天主带领我们穿过荒漠，走向自由

四旬期提供我们一个开始走向自由旅程的时机，是恩宠的时期，是行动的时候。



四旬期要求我们停下来：在天主面前停下来祈祷，好领受天主圣言；像撒玛黎雅人一样，在受伤的弟兄或姐妹前停下，爱天主与爱近人是同一种爱。

祈祷、行爱德和斋戒是四旬期邀请我们“开放和空虚自己”的三种形式。在天主面前，我们重新发现彼此是兄弟姐妹，彼此能更加体谅：我们不再是威胁和敌人，而是旅途的同伴。（摘自梵蒂冈新闻网）

堂区网站: [www.holycross.org.sg](http://www.holycross.org.sg)

堂区捐献 PayNow: UEN #T08CC4054D

堂区秘书处: 6777 5858 | 9729 9087

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Kenny Yeo



# 四旬期第一主日

## 2024年2月18日

### 四旬期和好圣事(西区圣堂)

时间: 8pm

3月 12日 (周二) 圣方济亚西西堂

3月 13日 (周三) 天使之后堂

3月 14日 (周四) 圣体堂

**3月 18日 (周一) 圣十字架堂**

3月 19日 (周二) 圣依纳爵堂



### 教委四旬期华语忏悔礼

日期: 3月9日 (周六)

时间: 下午1点 - 3点

地点: 圣若瑟堂 (维多利亚街)

由张伟刚神父主持, 多位神父听告解。不要错过这个为华文教友的忏悔礼。让我们在四旬期一起来净化心灵, 更新自己的生命, 迎接逾越庆节的来临。

### 圣十字架堂2024年四旬期徒步反思之旅 福传门徒 - 召唤

目的: 我们进行徒步朝圣, 反思并祈祷我们与天主、与他人的关系, 以及我们作为耶稣基督福传门徒的召唤。



路线: 从圣十字架堂徒步到重新装修的圣体堂(大约7公里)。

您可以:

1. 参加3月16日 (周六) 上午7am至8.30am的堂区集体步行活动; 或

2. 在四旬期间安排自己的行程和时间。

活动前介绍: 3月14日 (周四) 晚上8pm 通过 Zoom 进行。

链接将通过电子邮件发布给参与者。

今年, 我们会赠送给每位步行者, 一个手持十字架 (送完即止); 我们也设有一个儿童角落, 提供手工艺活动、播放视频和气球雕塑 (上午9am至10.30am)。

为了更好的节目策划, 包括心灵反思资料、礼物和茶点等, 我们鼓励参与者报名参加此次的徒步活动。请扫描二维码或点击链接登记: [tinyurl.com/lentwalk2024](https://tinyurl.com/lentwalk2024)。

截止日期: 3月4日



### 圣十字架堂2024年新春团拜晚宴

2月17日 (周六, 年初八)

参加晚宴者, 请在弥撒后即刻到圣堂餐厅, 凭餐券入席就座。



### 四旬期周五英语拜苦路及弥撒

2月 23日

3月 1, 8, 15, 22日

弥撒7pm, 拜苦路7.30pm

无傍晚6pm 弥撒



### 天主教主徒会2月华语及拜苦路

适逢四旬期间, 主徒会诚邀您来参与苦路敬礼及守圣时。

2月24日(周六) 圣若瑟堂 (武吉知马)

户外拜苦路: 9am - 9.45am

守圣时: 10am - 11am (圣若瑟堂小堂)

主礼: 主徒会士张思谦蒙席

主题: 通过祈祷 (2024祈祷年),  
迈向希望 (2025大禧年)

圣时后有茶叙。



### 圣十字架堂华文团体共融祈祷时光

1. 慈悲串经: 每周六华语弥撒前, 5.40pm于圣堂内永援圣母像前。

2. 线上诵念玫瑰经: 注: 2月17日新春团拜晚宴, 线上诵念玫瑰经取消。



### GIFT献礼

这个周末为本月的第三周。第二次实体收捐, 是为“献礼” (GIFT) 运动, 资助教会的操作和各项需求。

请大家慷慨解囊。

